

# Cooking Basics: Spices, Oils, and More Shopping List

17 Total Items

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|---|--|
| 1 Sugar, White, Granulated, 4 Pound(s)        | 1 Cinnamon, Ground, 2 Ounce (oz)                                   |
| 1 Basil, Dried, 1 Ounce (oz)                  | 1 Parsley, Dried, 0.5 Ounce (oz)                                   |
| 1 Salt, 26 Ounce (oz)                         | 1 Baking Powder, 8.1 Ounce (oz)                                    |
| 1 Black Pepper, 1.8 Ounce (oz)                | 1 Honey, 16 Ounce (oz)   |
| 1 Canola Oil, 24 Ounce (oz)                   | 1 Low Sodium Soy Sauce, 10 Ounce (oz)                              |
| 1 Red Pepper Flakes, Crushed, 1.75 Ounce (oz) | 1 Mustard, 8 Ounce (oz)  |
| 1 Oregano Leaves, Dried, 1 Ounce (oz)         | 1 Mayonnaise, Reduced Fat with Olive Oil, 15 Ounce (oz)            |
| 1 Cumin, Ground, 2 Ounce (oz)                 | 1 Flour, Pre-Sifted Unbleached Enriched All Purpose, 32 Ounce (oz) |
| 1 Chili Powder, 2.5 Ounce (oz)                |  |

