

# College Meals in Minutes

## Shopping List

20 Total Items

### Protein

- 1 Poultry/Turkey Breast, Whole, 0.25 Pound(s)
- 1 Store Brand Eggs, 1 Dozen

### Fruits

- 2 Banana, Whole, 1 Count
- 3 Avocado, Hass, Whole, 1 Count
- 1 Lime, Fresh, 1 Count

### Vegetables

- 2 Tomato (Roma), Whole, 2 Count
- 1 Red Onion, 1 Count
- 1 Lettuce, Romaine, 1 Count
- 1 Fresh Garlic (1 Bulb)
- 1 Peppers and Onions, Frozen, 14 Ounce (oz)

### Dairy

- 1 Milk, Skim, 1 Quart

### Grains

- 1 Whole Wheat Tortillas, 10 Count
- 1 Oats (Old Fashioned), 42 Ounce (oz)

### Other

- 1 Salsa, Low Sodium, 16 Ounce (oz)
- 1 Dressing, Light Ranch, 16 Ounce (oz)
- 1 Peanut Butter, Creamy, 16 Ounce (oz)

