

# Global Bites Shopping List

62 Total Items

## Protein

- 1 Poultry/Turkey, Ground, 16 Ounce
- 1 Poultry/Chicken, Breast, 1.9 Pound(s)
- 1 Canned Chickpeas, 15 Ounce
- 1 Canned Black Beans, Reduced Sodium, 15 Ounce
- 2 Beef/Red Meat, Ground 80% lean, 1.2 Pound(s)
- 1 Cannellini Beans, Canned

## Fruits

- 1 Mango, Fresh, 1 Count
- 2 Lemon, Whole, 1 Count
- 1 Lime, Fresh, 1 Count

## Dairy

- 1 Feta Cheese, Crumbled, 4 Ounce
- 1 Yogurt (Plain), Non-Fat, 32 Ounce
- 2 Store Brand Shredded Cheddar Cheese, Reduced Fat , 8 Ounce

## Other

- 1 Stock, Vegetable, 32 Ounce
- 1 Sriracha Hot Chili Sauce, 17 Ounce
- 1 Sesame Oil, 100% Pure, 5 Ounce
- 1 Rice Vinegar, Natural, 12 Ounce
- 1 Peanut Butter, Creamy, 16 Ounce
- 1 Orange Juice, 0.5 Gallon
- 1 Hot Pepper Sauce, 5 Ounce
- 1 Broth (Chicken), Lower Sodium, 32 Ounce

## Grains

- 2 Enchilada Sauce, Mild, 10 Ounce
- 2 Salsa, Low Sodium, 16 Ounce
- 1 Barbecue Sauce, 18 Ounce

## Vegetables

- 1 White Potatoes, Whole, Canned, 15 Ounce
- 1 Tomatoes, Sun-Dried, Re-Sealable Pouch, 3 Ounce
- 2 Squash, Yellow, 1 Count
- 1 Diced Green Chilies
- 1 Tomatoes, Diced, 14 Ounce
- 1 Tomato Paste, Canned, 6 Ounce
- 4 Tomato (Roma), Whole, 2 Count
- 1 Spinach, Whole, 16 Ounce
- 1 Snap Peas, Fresh, Stringless, 8 Ounce
- 2 Scallions, 1 Bunch
- 1 Parsley, Fresh, 1 Bunch
- 1 Red Onion, 1 Count
- 2 White Onion, 1 Count
- 1 Lettuce, Romaine, 1 Count
- 1 Jalapeño Peppers, Whole, 1 Count
- 1 Green Beans, Frozen, Cut, 20 Ounce
- 1 Ginger Root, Fresh, 1 Count
- 2 Cucumber, 1 Count
- 1 Corn, Frozen, 12 Ounce
- 1 Cilantro, 1 Bunch
- 1 Carrot Bag
- 1 Cabbage (Red), Whole, 1 Count
- 1 Green Pepper, 1 Count
- 1 Red Pepper, 1 Count
- 1 Sweet Onion, 1 Count
- 2 Tomatoes, Sliced and Stewed, No Salt Added, 14.5 Ounce
- 1 Fresh Garlic (1 Bulb)

